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~~Hotstone massage is a type of massage that uses smooth, heated stones to relax muscles and relieve pain. The stones are placed on the body and heated by a special device. The heat from the stones helps to relax the muscles and improve circulation. Hotstone massage is often used to treat chronic pain, muscle tension, and stress. It is also a good way to relax and unwind after a long day. Hotstone massage is a safe and effective way to improve your health and well-being.~~